

The Log



We will
remember
them



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The Parish Magazine
November 2023

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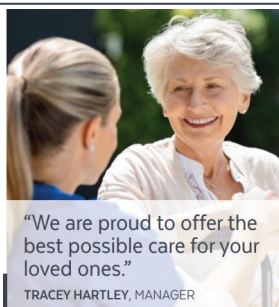
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WE WILL REMEMBER THEM



Remembrance Sunday Services
9.30am All Together Service (St. Paul's)
10.50am Act of Remembrance (War Memorial)
11.25am Civic Service (St. Paul's)
6.30pm Holy Communion (St. Lawrence)

CURATE'S NOTES

As I write, it is half term and Rev Mike is taking a well-earned break with his family. Which means that, for one month only, I get to sit in the hotseat and present this edition of the Vicar's notes, which I can only assume is a promotion. November is one of those busy months, especially in a busy town like Longridge. What with remembrance and bonfire night, then the panic of realising Advent is very nearly upon us. So, get your feet up and put the kettle on — here goes...

Harvest Festival, a thanksgiving

We start by looking backwards to last month's Harvest Festival celebration at St. Lawrence's. Once again, all the services and activities were all very well attended, and it was a real joy to see so many children and young families present. Our theme of "sowing with faith and reaping with thankfulness" helped us to explore the topics of trust and gratitude and I am personally grateful to all those who helped to contribute to such a wonderful occasion. The success of the event is due

mostly to those whose gifts and graft result in such wonderful displays. Those close to my heart, who baked and served exceedingly good cakes. Those whose generosity with gifts of food benefit the local community through the work of the Foodbank. Our wonderful organist, choir and worship group who played and sang so beautifully and finally all those who participated in any way on the day, thank you all it was a most joyful reaping.

We will remember them

This year, Remembrance Sunday falls on the 12th November. Although the fine details are still to be agreed with the Town Council, this years' service pattern will be the same as last year. Sunday starts with an All-Together service at 9:30am at St Paul's Church. Following on from this service, all who would like to take part in the outdoor civic Act of Remembrance are invited to gather at the Longridge War Memorial which is next to the Station Café and the Towneley Arms. The ceremony will start at about 10.50am when the parade arrives, ready for the silence at 11.00am. Afterwards there will be an ecumenical Civic Remembrance Service held at St Paul's at about 11:25am. For those who would like to receive Holy Communion on Remembrance Sunday, Parish Communion will be available during the 6.30pm evening service at St Lawrence's Church.



Christmas Tree Fair



Our Christmas Tree Fair (with a difference) will be on Saturday 25th November, 11am-2pm at St Paul's Church. Why not bring the children down to visit Father Christmas in his brand-new workshop? They can listen to a Christmas story, make a Christmas craft and visit with Santa himself? If Santa isn't your thing, then we will be serving turkey and sausage barmes in the Centenary Room, along with delicious home-made soup, mince pies and the odd glass of mulled wine. With a Grand Christmas Raffle, tombola and other sideshows, it's the perfect event to meet, laugh and chat, and to begin to get into the Christmas spirit!!

Advent Devotional Resource

With the first Sunday of Advent rapidly approaching on the 3rd December, the Diocese of Blackburn have, once again, produced a devotional booklet based on the Book of Revelation. As previously, it consists of a daily short reflection contributed by clergy and lay people across our diocese, who have worked to keep the content simple and biblical. Rev. Mike has ordered 70 copies on a first come first service basis, please let either me or Rev Mike know if you would like to reserve a copy.



St Paul's Audio Visual Update

The church Audio Visual proposal has been presented to the Diocese along with the supporting documents and we remain optimistic that they will match our pledges with a grant. Thank you to all who have pledged so far and to those who continue to do so. We are grateful for your generosity, support and prayers.

CHRISTMAS WREATH MAKING WORKSHOPS with Kay Lomax



We are delighted that Kay has kindly agreed to again run two Wreath Making Workshops for us. The number at each workshop is limited to 15 so please book your ticket in advance by emailing Graham Kelsall - graham@oaktreehouse.net or Dot Little 783998.

Date: 29th November.

Venue: The Pavilion on the Showfield off Lower Lane

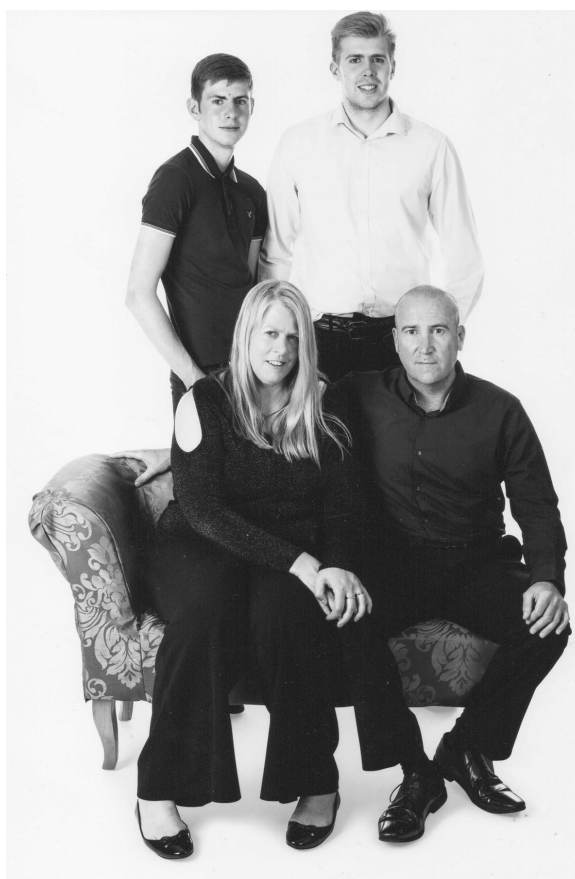
Time: Choose either 3pm – 5pm or 7pm – 9pm

Cost £40 which includes all materials including the wire frame, moss, backing, wire, pins, glue, greenery, ribbon and a selection of natural decorations such as pine cones, oranges/ limes/cinnamon sticks etc.

(You will simply need to bring gardening gloves, apron, scissors and/or secateurs and battery lights if you want lights on your wreath)

Mulled wine/tea/coffee and mince pies will be available.

GETTING TO KNOW YOU – Steve McNamara



Hello. My name is Steve McNamara. I am the reasonably new guy that has been playing with the worship group at the 11:15am service. I have enjoyed that very much – (All great people).

I am married to Tammy. We were married at St Cuthbert's Church in Preston 24 years ago. Not long after being married we had our first son, (Joshua – Who is now 23) and then a few years later James, (who is now 19).

I am a computer engineer by trade and my wife is a Civil Servant. I currently work for DXC Technologies and Tammy does project work for DWP. Josh was in the forces and now is waiting to start working for the prison service whilst James is doing a degree apprenticeship at BAE Systems.

Tammy is also a qualified counsellor and has been counselling and now is a trustee at Cedar House in Preston.

It has been great to work alongside Mike, Simon, Caz, Emily, Andy, Rose, Ann, Jess, Will and plenty of others at Longridge. They have been very welcoming of myself in that group, and it has been a pleasure to be involved with them all.

I am also involved at Fulwood Free Methodist Church in

Preston, where I run one of the worship bands there.

I have been playing the guitar for quite some years now. (I don't really want to think about how many). I never started playing intending that I would play at Church at all. It was really copying Oasis songs that started me off. Then I used to busk in town and eventually run an Open Mike Night at the Continental on South Meadow Lane in Preston with a mate from St Stephen's. (A certain Simon King used to pop down to that event with others from the same Church). It was good fun. At the weekend I like to go and watch Manchester United when at home. I have watched them for some time, (even when they were good). That memory is being challenged now and it is quite often like watching a very expensive car failing to start in the morning.

Church has always been an important part of our lives. No matter what I do from the front, work I am involved with etc. I realize at the heart of it all I am a sinner, saved by grace. It is as simple as that.

In the times when I really needed Him to be there, God has always been there for me. Making a way where there was no way. He has also literally saved my life before. (Not enough space on here to tell that story though).

In summary, thanks for being so welcoming at Longridge. You are a great congregation with great leadership and should be encouraged.

The Log Team

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Friday 9.30—15.30 01772 783281

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JudithKaye 01772 785114

Hon. Sec. St. Paul Donna Rowe-Green 07880 348597

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Organist and Choir Director Paul Warren

Church Lads & Church Girls Brigade

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Commanding Officer Janet Redding 3 Chapel Street
janetredding@clcgb.org.uk

Craft Group

Last Monday each month, Centenary Room 1.30 - 3.30pm also:
Contacts Helen Bailey 01772 783178
Ruth Ball 01772 783172
Julie Kirkham 07742 228232

Handbell Ringers

Leader Judith Kaye Park View, Fleet Street, PR3 3ED
judithkaye@sky.com 01772 785114

Children's Church

Carolyn Barton carolynbarton@hotmail.co.uk

Mothers Union

7.30pm on 1st Tuesday
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judithkaye@sky.com 01772 785114

Prayerline If you would like our prayer team to pray for you e-mail
Muriel Anderson

Servers

Leader George Green 07935 080 443
georgebradegreen@gmail.com

Tuesday Club

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Hon. Sec. Adrienne Atkinson 01772 783091
adbil1959@gmail.com

Walkie Talks

Hannah Green 20 Darwen Close 01772 783558

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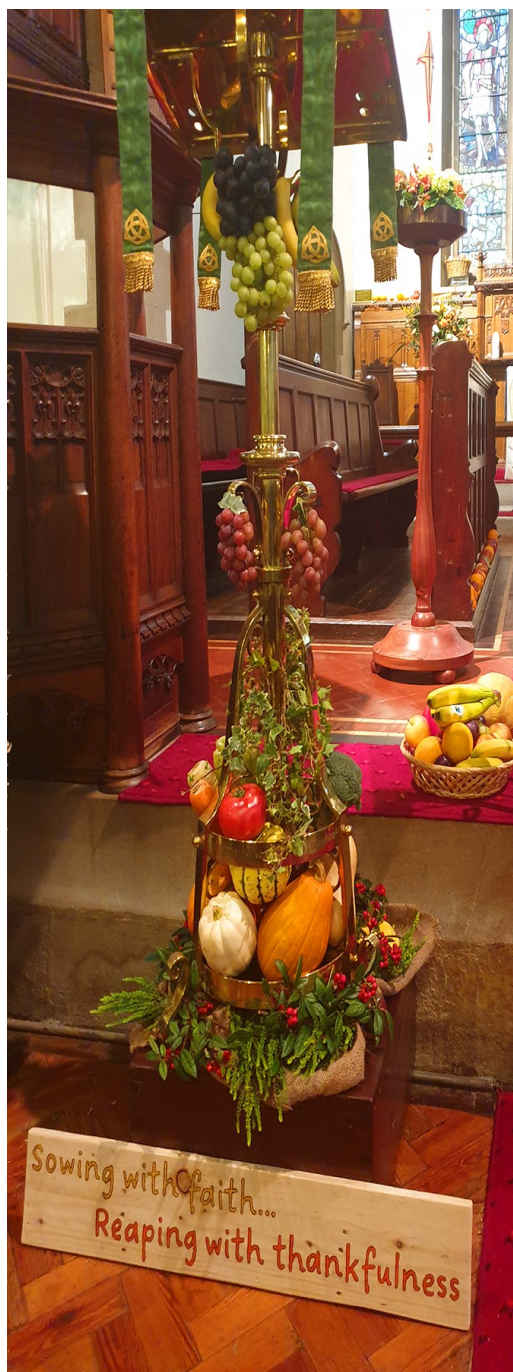
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CHURCH FLOWER CLUB



The colours at this time of year are so rich and beautiful. This was reflected in the stunning displays within St Lawrence's Church for our annual Harvest Thanksgiving. This was my first year as part of the Flower Team being involved in this celebration, and my thanks have to go to Dot Little and Judith Kaye for their wisdom and advice. I had never realised just how many groups were involved in transforming the church and it was really quite humbling to see what goes into it. The combination of flowers, fruit, art work and all sorts of props was inspiring.

The theme this year was "Sowing with Faith, Reaping with Thankfulness". As a gardener this was very close to my heart. I have worked in horticulture for 35 years, have a degree in the subject and could explain the science of how seeds germinate and plants grow. And yet, each year when I sow my flower seeds, those first green shoots fill me with awe. Each one of those flowers will have a purpose. Some will feed the bees and butterflies, some will be picked to go into church or be gifted to someone as a sign of love, others will produce seeds to feed the birds. There are even some that will feed the soil ready for which ever flower occupies that spot next year. Each one is precious and valuable, no matter what its appearance or role. So are every one of us, whether we teach the word of God or simply put a comforting arm around a person who is sad, we are precious and valuable. As a girl with very simple talents, I take comfort in that.

If you would like to join our monthly flower club, it is open to anyone. You do not have to arrange flowers in church to come along to our meetings. We have a range of activities and demonstrations throughout the year on the 4th Tuesday of the month, 7.30 – 8.30 in St. Paul's Centerary Room.

If you would like any information on how you can be involved with our flower team, both at St Paul's and St Lawrence's or how to help fund the blooms in church, please do give me a call on 07880348597 or email donnarowegreen@gmail.com.

Thank you so much. Donna.

PTFA NEWS



We are looking forward to hosting our Christmas Market on Thursday 30th November from 5.30pm, we really hope you can all join us for this fantastic fun filled family event.

If anyone has any raffle or tombola prizes they could donate we would really appreciate it, any donations can be dropped off at the school office.



Thanks so much Emily Oates

HARVEST THANKSGIVING

“Sowing with faith.... reaping with thankfulness” was the theme for this year’s Harvest Thanksgiving at St. Lawrence’s on the 8th October and what a joyous day it was – the wonderful displays and produce enhancing our Worship and reminding us of the many blessings we enjoy and so often take for granted. The montage on Page 11 just a flavour of the work that had gone into making our Parish Church look so special. The preparation for Harvest is always made more enjoyable because so many areas of our parish are represented – in fact someone commented that it felt like a community coming together and that in itself makes it such a joy for everyone involved. For the second year running we also had Robert Wilkinson’s immaculate 1939 Farmall tractor to greet people as they arrived.

Special mention must go to Rhona White and the Mothers Union members who are traditionally given the large space of the Remembrance Chapel area to fill and created a display which perfectly reflected the Harvest Bible reading from Deuteronomy and in such amazing detail. But our thanks also to The Brigade for their happy plant pot display and colourful wreaths on each pew end and to Children’s Church for all their treasure chests. The Primary School’s youngest children put their display together aided by Rie Waterman who also created that wonderful tree in the lady chapel. Every windowsill was full of interest and from the tower to the altar seemed full of Autumn colour with the floral arrangements created by Donna Rowe-Green, Judith Kaye and the flower group. There are many people we haven’t been able to mention personally but a sincere thank you to everyone who worked so hard, not least for all the tins, packets, bottles and fresh produce that we were able to send on to the Foodbank. Ruth Thompson from Ribble Valley Foodbank was with us for our Alltogether Service and able to express her thanks personally.

Now to the singing and in such surroundings how could we not sing out those Harvest hymns with joy. Our thanks to organist Paul and the Choir for leading us in that uplifting Harvest music. The weather was amazing for the walk in the afternoon with many people just in short sleeves and although for some reason numbers were somewhat depleted this year, we do thank John Ireland for leading us and for getting us back in good time to enjoy the tea and cakes!



Rhona White and I have started to collect the Barnardo Boxes for emptying. If we haven’t already got yours, please could you bring it to one of the Sunday services or leave it at the office in St Paul’s. Do not leave them unattended in church. Alternatively, if you ring Rhona (783534) or me (785384) we will arrange to collect it.

Thank you, Sheila Roberts.

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**Harvest at
St Lawrence's
8th October 2023**



MY TIME IN BRIGADE

My name is Rosie Williams and I've been a member of the CLCGB for 14 years now so hopefully I should be a familiar face to some of you at church. I've been asked to write about my time in the brigade – from joining in 2009, to now helping as a leader in a new company in York. I joined Longridge Brigade when I was 4 years old and with 3 older siblings already in the company, I quickly settled right in. My main memories from the Martins are playing ball tig with Mr H, trips to the zoo and meeting some of my closest friends: Freya, Joanna and Rhiannon. I also remember the excitement of receiving my badges in front of the church on awards day – not that my mum ever had time to sew them on!



Around the age of 8, I started having glockenspiel lessons with Laura on company band nights and I immediately loved it. I chose the mallets section because it was always my favourite section to watch when I went to my older sister's concerts with the CLCGB National Band and I'm sure I made the right choice. Moving up into the Y-team section I had my first young leaders experience – the very important role of making brews for the leaders and helpers. Y-team also brought along another friend to the group when Jake joined the company.



My favourite Y-team memories are full of wildlife stories from Malcolm, games with Liv, craft with Julie and sneaky extra sweets from Mrs Carroll. In 2016, as a member of the JTC, I joined the mallets section of the National Band which was an amazing experience and helped me understand the extent of the CLCGB across the country. Luckily, I had some familiar faces at NB from going to Chorley & Longridge Y-team camp.



At age 13 I started to help with the younger sections of the brigade which is where I found my passion for working with children. Soon I was running Martins games by myself and eventually even both younger sections together. Although being a games leader for these sections was incredibly rewarding, I have to admit that my favourite part of the night was when I could sit and 'help' the children with the craft activity by making one for myself. I'll never be too old for cutting and sticking!

In 2022 I did my young leaders training alongside some friends from National Band which was a great way to learn more about being a leader within the brigade. I've had to move away from home this September to start my psychology degree at York Uni which was very bittersweet. I had an amazing and emotional send off from everyone back home and I even received the Judith Carroll award for my work with the younger sections – something that I am extremely proud of. However, the silver lining of moving to York has been that I'm now working with a new company at St Andrew's Church in Huntingdon.



Me and Scott 2016 vs 2023

This has brought me closer to National Band friends in York and I've even been reunited with an old friend, Scott, who attended the National Band briefly back when I started in 2016! Although York company doesn't quite feel like home and doesn't compare in size to what I'm used to in Longridge, we have a great group of children and leaders here and I'm proud to be a part of a new beginning for the CLCGB.

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CHILDREN AND YOUNG PEOPLE



The early part of October was dominated by preparing for the Harvest Festival in Children's Church. The children made treasure chests from egg boxes and filled them with gold chocolate coins, jewels and green cress. This reminded us about all the gifts we have and to thank God for all the treasures he has given us.

In the latter part of the month, we've been excited to launch into a whole new season for Children's Church. The younger group had grown and included children from zero to age 9 which felt like a very big age range. Meanwhile our High Schoolers were keen to help out at church. As a result, going

forward we will have two Children's Church groups:

- Climbers: Pre-School & Infants age
- Explorers: Junior age

...with our High Schoolers helping at whichever group they prefer.

The first time we met in these groups we began a new series looking at meals shared with Jesus, kicking off with Jesus sharing a meal with Levi. We learnt that Jesus came to heal everyone even sinners like Levi the tax collector. The younger children had fun wrapping bandages around each other and this reminded us that Jesus is like a doctor. He can fix the sin problem in our hearts. We watched the Bible story and made paper plate crafts. Meanwhile the older group did a great job of acting out the story and just like the younger ones seeing who had the best bandaging skills through a game, finishing off with using Lego to model the story.

Towards the end of the month, we looked at the meal Jesus shared with Simon. We thought about how we can say thank you to people and how this story shows us how a lady wanted to say a big thank you to Jesus as she knew that He was her saviour. The children played games to explore the theme and did a craft that involved drawing around their feet and decorating the card cut outs.

We love to meet new families through our children's and young people's groups. Do come and join us or feel free to contact Barbara McCormick (barbara@her-email.co.uk) or Carolyn Barton (carolynbarton@hotmail.co.uk) if you'd like to find out more.

AUTUMN FAMILY SOCIAL – 30th September

As the photograph suggests we had a lovely time at the Family Social held in the Pavilion on the Showfield. Unfortunately, the weather prevented the Bouncy Castle from being available in the afternoon but the children seemed to enjoy themselves with the disco and indoor games. Tim



Slater's hotpot/cheese & onion pie supper was superb as were the desserts provided by the FFF (Fellowship, Fun and Fundraising) group. The evening was then handed over to Jeff & Lynne Hoyle who did such a great job guiding us through some simple but enjoyable barn dances and it was good to see the young people having a go. All in all a very successful and fun filled afternoon and evening with the pavilion a perfect venue.

**INSPIRATIONAL WORDS brought to us this month by
Canon Andrea Titterington.**

Value

We are constantly being tempted by so-called “great values.” “Buy two for the price of one.” “The best value washing powder.” “Savings on insurance, cars, holidays.” Pounds and pence are taken as **the** measure of value. If you watch any programme about houses on television, such as *Homes under the Hammer*,” the owner/investor/landlord, when given the possible sales price or rental level by an estate agent, often says “I can get a higher value” meaning more.



I am puzzled that the richest men on the planet – Jeff Bezos of Amazon and Elon Musk – spend their days striving to be richer. When Bill Gates, who made his fortune at Microsoft, challenged multi-billionaires around the world to give 50% of their wealth away to good causes or charities, there were very few takers. In our secular world money is the ultimate value and people’s worth is measured by how rich they are.

What is true value? In Matthew’s gospel Jesus said, *“For what shall it profit a man, if he shall gain the whole world, and lose his own soul?”* (Matthew 8:36) Nothing is more valuable than a person’s soul. If we choose to embrace what this world values, we can forfeit our souls. Esau despised his birthright, choosing stew instead; Judas Iscariot sold the Saviour for a few pieces of silver. Another Biblical figure who made a decision based upon worldly values was Demas.

Demas was one of Paul’s *“fellow workers”* in the gospel ministry along with Mark, Luke, and others (Philemon 1:24). During Paul’s first imprisonment in Rome, Demas was also in Rome (Colossians 4:14). He was with Paul during Paul’s second imprisonment in Rome, at least for a while. Then something happened. Demas forsook Paul, abandoned the ministry, and left town. Paul wrote about the sad situation: *“Demas, because he loved this world, has deserted me and has gone to Thessalonica”* (2 Timothy 4:10). The apostle was in prison, facing a death sentence, when Demas chose to abandon him. He not only betrayed Paul, but turned away from Christ. It was not merely spatial but spiritual. Demas left Rome because he chose worldly ways, a corrupt value system over what we are told heaven values.

Outside of a specifically Christian context there are other things we value. A poem by Sandra Haight:

*“We think of value as a set amount that’s given to an item held or sold.
Most often- currency is paramount; in olden times- perhaps silver or gold.
But, there is value in a different kind- assessed and held by memories and heart,
which far surpasses any worth assigned; for us, become forever works of art.
A mom’s embroidery, dad’s old-time tools, or grandma’s written recipes spelled out.
Intrinsic values follow no set rules; the love assigned is what they’re all about.
These values- held and stored by heart and mind
Far supersede the ordinary kind.*

We are approaching the season of Advent. Because the four weeks of Advent are in the lead up to Christmas, it can be overshadowed by the events and atmosphere leading up to the Nativity (which now seems to embody the materialism of the secular world’s values). Although Advent is to be a time of contemplation, it is more preparation than penitence: a time to consider the values that we

hold and the path that we are following.

The collect for the 1st Sunday of Advent is: *Almighty God, give us grace that we may cast away the works of darkness, and put upon us the armour of light, now in the time of this mortal life, in which thy Son Jesus Christ came to visit us in great humility; that in the last day, when he shall come again in his glorious Majesty to judge both the quick and the dead, we may rise to the life immortal, through him who liveth and reigneth with thee and the Holy Ghost, now and ever. Amen.*

When the shouts about “value” bombarding us daily tell us that we can’t afford to miss this once-in-a-lifetime opportunity, we remember the actions of Esau, Judas and Demas. We hear the words of our Lord. We may know the cost of everything, but we also know the value of our souls.



At the recent Annual Town Council meeting, the police gave a good run down of the crime situation in Longridge and it was pointed out that one of the problems at the moment is domestic violence. The Mothers' Union are currently running a campaign about domestic violence “Rise up against domestic abuse”. Domestic abuse is the most prevalent form of abuse in our society, and the church plays an important part in recognising and responding to this complex social problem that impacts people, communities and services across our society, spanning health, housing, social care, the Criminal Justice System and beyond. One of the problems, it seems to me, is for people to be able to report the problem safely and get help. I’m sure most of us, when we think of domestic abuse think of battered wives, but it’s not just a problem for females. One in five victims are female and one in 6 or 7 are male. Every 30 seconds police receive a call about domestic abuse but it estimated that only 24% of cases are reported.

Moving on the more cheerful matters I hope you enjoyed the wonderful harvest display in parish church, I would like to thank Rhona White for her input into the Mothers' Union presentation in the Remembrance Chapel, we worked hard to put it together and it's such a pity we then have to dismantle it all again so soon, but at least we have some great photographs to remind us.

Our December meeting will be our party, if you wish to attend, please let Rhona know for catering purposes and please remember it's a 6.30pm start. We will be joined by Grace Notes which is always entertaining.



Forthcoming meetings

November 7th Rev Simon King

December 5th Party **6.30pm start**

JAK

SCHOOL NEWS – from Headteacher Catherine Parkin

RE in Year 4

We're going on a Psalm hunt....



'David and the Psalms' is a unit of work covered by our Year 4 children. It gives them the opportunity to learn more about the person of David through Bible study whilst also allowing them to study the beautiful and poetic language of the Psalms. We know that David was responsible for writing about half of the Psalms and used them as a way to thank and praise God. Mr Nixon devised a great plan for getting the children to find and read some of them by hiding them around the playground.... a Psalm hunt!



*Today our class went on a 'Psalm Hunt'
Different Psalms were hidden around our school.
Our task was to find all of the Psalms, and write down the number of the Psalm and the verses. We had great fun*

Outdoor Cross Service



We took the opportunity of a break in the recent wet weather to hold our outdoor service to mark the instalment of the new playground cross. Rev'd Mike led us in our worship as we reminded ourselves of what this symbol means to



Christians – that we are each loved by God and are called to follow Jesus and live life as he showed us. Toby, Jayden, Emily, Evelyn and Abigail from our Worship Group did a splendid job reading for us. So many children and

adults said how much they'd enjoyed holding worship outdoors that it certainly won't be the last time we do this.

It is hoped that during the winter months ahead, the cross will provide a focal point during the dark morning and evenings whenever we are gathered on the playground.

Pupil Forum

Last month, I shared with you the results of our elections for House Captains and Vice Captains of our four house teams. The older children elected to these roles help with intra-school sports events and act as school representatives at special occasions.

Recently however, Mrs Dewhurst has been thinking that we should have a way to give more pupils a voice in the work of the school. I am very proud to introduce you to our very first Pupil Forum. These children have agreed to meet every half term to discuss the concerns and ideas put forward by their own class members. The boxes they are holding will be placed in each classroom so that children can submit ideas they want to bring to the attention of the Forum.



OUR FAVOURITE RECIPE

Christmas Pudding

We suspect most of us head off to the supermarket to buy our Christmas Puddings but not Jean Saunders – hopefully she will inspire more of us to make our own this year.

As a child my sisters and I always helped my mum make the Christmas puddings each year. It was more difficult then as all the fruit had to be hand washed and dried out on a tea towel in front of the open fire and raisins had to be stoned. My mother made large quantities and they were boiled in a huge cauldron on the top of the stove for hours and hours. The secret to the dark colour is the long length of boiling otherwise they just look like cakes. She usually made enough for 2 years as the second year they always tasted better and I still do this.

We all helped with the mixing and wishing especially on 'Stir Up Sunday' when traditionally they should be made. This year, 2023, Stir Up Sunday is 26th November but it doesn't really matter. Traditionally, family members would gather and stir the pudding from East to West and make wishes for the new year. The tradition dates back to Victorian times, and the traditional version would contain 13 ingredients to represent Jesus and his disciples and it would be made five weeks before Christmas, the last Sunday before Advent begins.

When the pudding was made, before being cooked, my mother would add silver charms or sixpences to the basin. Who ever got a charm or sixpence it was considered very lucky. Without us knowing my mother would always slip a sixpence into every bowl so that no one would feel left out. If you got a 'proper' charm it was considered very lucky to get two.

I am sad that I do not have my mother's original recipe but can remember the ingredients very well. The recipe below is the one that I have used for years and was the one that I was given by a teacher when I did a few years of cordon bleu cookery. I have also added some ingredients that my mother always used.

Quantity is for a 2-pint basin or two 1-pint basins (and is in imperial measures) and is the way that I have always made them so I am not sure about any microwave versions.

Ingredients

2 oz plain flour
 ¼ teaspoon mixed spice
 ¼ tsp grated nutmeg
 4 oz fresh white breadcrumbs
 5 oz shredded suet (last year I used vegetarian suet and it tasted the same)
 4 oz soft brown sugar
 6 oz raisins, 6 oz sultanas, 1 oz mixed peel (or 13 oz washed mixed fruit)
 1 oz chopped walnut halves or blanched almonds (optional)
 Finely grated rind of orange
 2 eggs
 1/8-pint milk
 1 tablespoon brandy or sherry (optional)
 ¼ tsp almond essence
 Grated apple and carrot (optional)
 Large spoonful of black treacle (optional)

I always put in all the optional ingredients!

Method

Mix together all the dry ingredients (flour suet sugar fruit spices)
 Add the beaten egg, then a little milk if necessary
 It should be fairly stiff. Put in the basin(s) and put a pleated piece of greaseproof paper on and then cover with foil. Put in the fridge overnight.
 I also wrap the basin in a piece of cotton cloth that makes it easier to lift out.
 Always put the basin(s) into boiling water and always top up with boiling water.
 Steam/boil for at least 6 hours (4 hours if a 1-pint basin) and I always do it for much longer.
 When cold prick all over with a skewer and add the alcohol then, and recover.

Reheat for 1-1½ hours steaming/boiling

HYMNS WE LOVE by Paul Warren

Dear Lord and Father of mankind

This is indisputably one of the most popular of hymns, one that congregations sometimes sing with great gusto. Yet its author, John Greenleaf Whittier (1807 - 1892) probably would have been horrified at it being sung in church.

John Whittier was born in America, and was a Quaker descended from the Pilgrim Fathers who arrived in Massachusetts from England in 1638. He was brought up on a New England farm, he was an early campaigner against slavery and in 1835 was elected to the Massachusetts state legislature. He devoted much of his life to writing. Despite his dislike of singing in worship, more than 50 of his poems have been turned into hymns, including the hymn "Immortal love forever full".

Now for Dear Lord and Father of mankind. This is taken from a poem that John Whittier wrote in 1872, called "The Brewing of Soma". Soma was an intoxicating drink used in Vedic rituals by Hindus in India. A few scraps of a particular fungus were soaked in milk, drunk and then passed through the bladder to produce the soma which had a strongly hallucinogenic effect and was used to induce a state of religious frenzy.

In the latter part of his poem, Whittier compared the stirring of the emotions in Christian worship through music ceremonial and the like with the Indians' use of drugs to achieve religious ecstasy:

By music, incense, vigils drear,
And trance, to bring the skies more near,
Or lift men up to heaven!

And also...

In sensual transports, wild as vain,
We brew in many a Christian fane
The heathen Soma still!

And then we encounter the words of the hymn with which we are familiar:

Dear Lord and Father of mankind,
Forgive our foolish ways

It is for these 'foolish ways' that we are urged to beg forgiveness from God.

Our hymn comes from the last six verses of 'The Brewing of Soma', and this was done by the English Congregationalist William Garrett Horder, who included 'Dear Lord and Father of mankind' in his *Congregational Hymns* (1884).

Now let us turn to the music. Here in the UK, we sing it to the haunting melody Repton, composed by Charles Hastings Hubert Parry (1848 - 1918). The tune was originally written in 1887 as a contralto aria 'Long since in Egypt's pleasant land' in Parry's oratorio *Judith*. But the pairing of hymn and music had to wait until 1924, when a Dr George Gilbert Stocks, director of music at a school made the pairing in a supplement of tunes for use in the school chapel that he was musical director. And the name of the school? Repton school, in Derbyshire.

However, we mustn't forget that John Whittier was American, and they use a different tune for this hymn over there. They use a hymn tune called 'Rest', composed by Frederick Maker.

**Dear Lord and Father of mankind, forgive our foolish ways!
Re-clothe us in our rightful mind, in purer lives thy service find,
in deeper reverence, praise; in deeper reverence, praise.**

CHOIR NEWS

We're entering a busy month, where there are so many different themes, from All Souls Day up to the feast of Christ the King. With quite a lot of special services, this is keeping the choir and organist rather busy. Not only are we having to deal with the November services, but there are also two carol services in the following month for which we have to prepare for.



I'm hoping that we can give a rendition of the anthem "Raise your voices" in November. This anthem was written by a group called "Secret Garden", famous for having won the Eurovision Song contest in 1995 for Norway. The winning song, called Nocturne, featured just 24 words being sung, with much of the rest of the music being given over to a violin Intermezzo.

Paul Warren

TUESDAY CLUB

Melissa Sinden Actor & Voice Over Artist was the Speaker for our October meeting and I must admit that I had no idea what a Voice Over Artist actually did but this turned out to be a very interesting evening. Melissa did her training at the Manchester Metropolitan School of Theatre and she played some tapes with examples of her voice over work. She obviously had Acting in her blood being related to Donald Sinden although she didn't really mention this, but did say that she had achieved the "Best Character Voice Award"

Voice Over, for those of you like me who perhaps haven't heard of this before, are the voices behind the adverts that appear on T.V Radio etc. and on Animations, for example she was the Meow of Jess the Cat in Postman Pat.

Melissa has worked with numerous Actors, including June Whitfield, Eleanor Bron, Annette Crosby, Les Dennis & Hugh Laurie to name just a few and has also done some work in films, television and radio.

All in all this was a very interesting and entertaining evening. For our next meeting on the 14th November we are in for another good night with the return of Stuart & Anita Kellington with a Slide Show on Cotswold Villages & Gardens. Do join us for this one as they always have some lovely slides and lots of interesting information on whatever their subject might be. Bring a friend, if you wish, to enjoy an evening away from the TV, the room will be lovely and warm and you will also be able to enjoy a cup of tea and a chat.

Adrienne.

BREW TIME

Open every Wednesday from 8.50am – 11am

in St. Paul's Centenary Room.

Serving tea, coffee, toast, crumpets and cakes!

There's always a warm and friendly welcome - so do join us we would love to see you.

Kath, Jacqui, Bev and John

OUR PILGRIMAGE ON THE CAMINO DE SANTIAGO WAY. (PART 2)

CHRIS AND ELIZABETH MARTIN

Last month we left Chris and Elizabeth enjoying some traditional Santiago cake. We now catch up with them as they continue on their journey.

We began to see in many gardens and farms a traditional Galacian construction called a 'Horrero', a rectangular building raised off the ground built in wood or stone to store grain. Often, they would have a sign of the cross on the apex end and are now classed as listed monuments.

August is a busy time on the Camino full of people of all ages including families with children, and we soon learnt to greet our fellow pilgrims with the familiar greeting, 'Buen Camino!' meaning 'Good Way!'. Most people will say this as a friendly hello or a goodbye in passing, but it's also a universal way to wish others well on their journey. The more we said it to the others, the more we began to feel that we were on something more than just 'a long walk'. The feeling of seeing fellow pilgrims on their travels and following in the footsteps of the millions that have gone before us, began to make us feel that we were part of something, a collective goal and common destination. Our Camino began to take on an extra dimension of thought and deeper prayer in our own individual ways.



Palais de Rei – Arzua 28.5km



A familiar sight along the Camino

Palas de Rei has been a traditional place to stop for pilgrims since the time of Codex Calixtinus, a **12th-century manuscript gem, considered the first and most famous guide to the Camino de Santiago**. The volume is made up of sermons, hymns, miracles, liturgical texts, musical pieces and stories about the apostle Saint James and the Pilgrim's Way to Santiago de Compostela.

The town Palas de Rei means 'Palace of the King' and was founded by the Visigoth King Witiza in the early 8th Century. Whilst the palace is long gone, we visited the oldest historic building still surviving in the town, the



12th Century church Iglesia de San Tirso. We also got our pilgrim passport stamped here because it is the second oldest stamp after Santiago.



Stamps on our completed passport including the last one dated 30th August with the official Santiago Cathedral stamp

The travel company came up trumps with our hotel in this town. After a few days of hot walking across open country we were treated to the only hotel with a swimming pool – bliss! We both pushed in the heavy floating chairs and wafted

across the pool laughing like a couple of kids... until Elizabeths began to take on water and promptly capsized! Chris, the hotel owner and his son then spent a good half hour trying to haul the heavy chair out of the pool!! (oops!)

It was in Palais de Rei that we met Anna and her elderly mother. Anna owns a menswear and charming old fashioned haberdashery shop on a quiet side street away from the hustle and bustle of the main road. Chris's eye was drawn to a couple of shirts but as neither Anna or her mother spoke any English, our initial conversation was done by way of pointing and that form of exaggerated gesturing and mouthing words in our clumsy English way in an effort to communicate! Chris chose two shirts, but on paying for them there was a possible problem with the credit card machine. Anna tried to explain, however neither of us understood each other. The power of Google Translate came to the rescue, you speak English into it and it immediately translates into your chosen language, in this case Spanish. Fortunately all was resolved and we will be sending a Christmas card with Chris modelling his new shirt!



A discarded boot put to good use outside Anna's shop



A small local shrine in Barbadello with notes and prayers from pilgrims

This simple interaction was the case of 21st Century technology meeting a thousand year old journey where pilgrims from all over Europe spoke different languages. We would often see messages of encouragement scrawled by previous pilgrims, in rocks or in written messages left on paper in many of the small churches on the way. One that stuck in my mind was "Nade te turbe" or "Let nothing worry you". How many times a day do we become self-absorbed in worrying about many things that we cannot control that take us away from living day to day in the moment? What doesn't need any translation is

the universal sign of the cross with Jesus being crucified that you see on many points along the Camino. Jesus said to Thomas in John 14:6 "I am the way, the truth and the life. No one comes to the father except through Me." A constant reminder and encouragement for people to reaffirm their faith and continue to have a relationship with Jesus through prayer.

We will catch up again with Chris and Elizabeth next month



Bring the children to visit Father Christmas and the elves, busy in his brand new workshop. Listen to a Christmas Story and make a Christmas Craft.



Christmas Tree Fair (with a difference)

on Saturday 25th November
at St. Paul's Church
from 11am to 2pm

Have lunch in the Centenary Room with the choice of Hot Turkey Barms, Sausage Buns and Delicious Home Made Soup, or sit in a specially decorated pew and enjoy a brew and a mince pie or a glass of mulled wine.

Come down for some early festive fun and get the Christmas countdown started.

Take time to relax in the special festive atmosphere - support the Grand Christmas Fair raffle, Guess the weight of a Christmas Cake, have a go at the Tombola and other sideshows.



St Lawrence
with St Paul
Longridge



CHRISTMAS TREE FAIR.... With a difference

Having listened to feedback from the congregation, we intend to hold a Christmas Tree Fair, with a difference this year – we've kept all the best bits and added some new bits too!



Santa is leaving his grotto! He will be joined by his elves at the front of church for storytelling, craft activities in the elves' workshop and of course for pictures and a gift. For the adults we hope to create more of a relaxed feel with a Christmas craft activity for those who want to do something creative and an opportunity to help us complete a Christmas Jigsaw!

The first prize in the raffle is a superb hamper, worth in excess of £100, and includes lots of treats for the Christmas season. There are of course lots of other prizes too.

The elves in Mrs Christmas's Centenary Room Kitchen will be making soup, sausages in buns and of course turkey barm cakes, while the ladies of the Mothers Union will be manning the tea, coffee, mince pies, cakes and desserts tables – with the addition of Hot Chocolate and not forgetting Mulled Wine.

Drinks and desserts have been rescued from the Tower room and will this year be in church where we hope to create some additional room to sit with some festively decorated pews.

It would be great if you could help us with raffle and tombola prizes, including bottles for the bottle tombola. Christmas linked items for a possible Everything Christmassy table would also be appreciated but most importantly please do come along and join us for a 'Christmas Tree Fair – Best Bits!'

The other thing that attracted a lot of positive feedback, is our Christmas fundraising appeal, so more details about that next month.

St. Lawrence Flower Rota

November 5 th	In memory of Wynn and Dorothy Lewis
12 th	Remembrance flowers
19 th	In memory of Dorothy Laver's family
26 th	Vacant
December 3 rd	Advent Sunday

St. Paul's Flowers

Donna Rowe-Green



Thanksgiving for the Birth of a Child, Baptisms, Marriages

Arrangements for these should be made with the Vicar (Tel: 01772 783281) or via the Church website

Do you know anybody who is in hospital or ill at home?

If so, please let the Vicar know so that they may be visited.

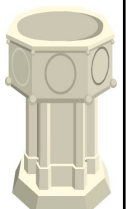
BAPTISMS

We congratulate and pray for those who have been recently Baptised into our Church family:

The Baptism of Jenson Felix Simpson on Sunday 8th October at St. Paul's Church

The Baptism of Elizabeth Elaine Flitcroft-Thomas on Sunday 29th October at St. Paul's Church

The Baptism of Charlotte Victoria Flitcroft-Thomas on Sunday 29th October at St. Paul's Church



A PASSION FOR JIGSAWS



Dorothy Mairs has been completing jigsaws since she was a young girl, encouraged by her mother who always had a jigsaw on the go and in turn Dorothy has now passed on her jigsaw passion to one of her own daughters. When younger Dorothy completed the usual cardboard made jigsaws but then on a visit to Liverpool over 20 years ago saw a Wentworth wooden jigsaw with one of Lowry's paintings as the image and was hooked. Dorothy still has that jigsaw along with between 200 - 300 others – in fact where some homes have shelves full of books Dorothy has shelves full of jigsaws. From that first Wentworth jigsaw, with its special cut 'whimsy' pieces whenever the couple have been on holiday or on a special day trip a jigsaw would often be added to the collection. For birthdays and Christmas friends and

relatives knew exactly what to buy her and so many of her jigsaws hold special memories - a number are treasured because they have family members and family celebrations as the image.

Adrian and Dorothy, some years back took the opportunity to look around the Wentworth factory which is in Malmsbury, Wiltshire – the Company started by Kevin Wentworth Preston in 1991 – although there have been wooden jigsaws since 1760.

Since Dorothy was diagnosed with Alzheimer's her Wentworth Jigsaw collection has become even more important and she spends many contented hours completing them and of course the beauty of the wooden jigsaws is that they can be done as many times as you want – they never bend or break off.

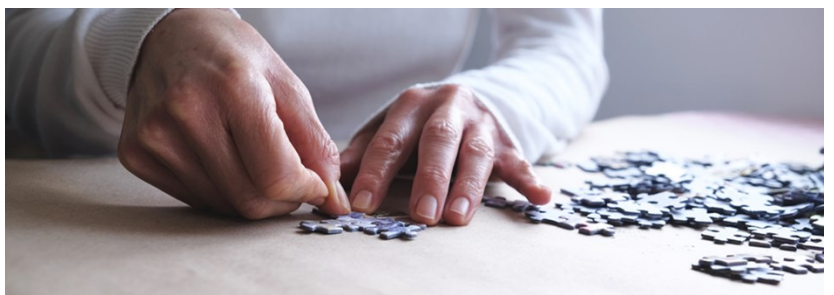
Looking back to the 1930's it was the great depression when jigsaws became really popular as a form of relaxation and distraction during troubled times, just as they saw a resurgence during the COVID lockdowns.

Editor's Note

We actually sent the above article to Wentworth and as a result received a lovely reply which has been passed on to Dorothy. Even better Wentworth would like to create a special Jigsaw for Dorothy as a gift and a photograph of her enjoying her 80th Birthday has been sent to them to make up a jigsaw for her. We are delighted to report that Wentworth will also be supporting our Jigsaw Festival in January 2024.

A Note about the Jigsaw Celebration

We are extremely grateful to everyone who is beavering away completing jigsaws for us – we will have far more completed jigsaws than we have had in the past and it should be a real Jigsaw Celebration. Do try and spread the word far and wide for us and encourage people to come along. A reminder that the event will take place on Saturday January 20th from 10am – 4pm and on Sunday 21st January from 12.30pm – 4pm. All jigsaws displayed will be for sale and of course every time a jigsaw is sold that space is replaced with another jigsaw. In that way the display is always changing and with free admission you can call into St. Paul's whenever you want over that weekend and enjoy a coffee, lunch or afternoon tea.



OUR WORSHIP AND READINGS*Our vision is Following Jesus in Loving Community***Our regular Sunday 'in church' services are below.**

St Paul's Holy Communion Service at 9:30am (arrival from 9:00am)

St Paul's Informal Service at 11:15am (not on 2nd Sunday of the month)

St. Paul's 'All together' Service 10:00am on 2nd Sunday of the Month

St Lawrence's at 6:30pm (arrival from 6:00pm)

The readings that will feature in these services are listed below.**Our regular mid-week Holy Communion Service takes place on Thursday at St Paul's at 10am****5th November - 4th before Advent****9:30am St Paul's and Live Stream**

1 Thessalonians 2: 9-13

Matthew 24:1-14

11:15am Informal Service

1 Thessalonians 2: 9-13

Matthew 24:1-14

6:30pm St Lawrence's (Evensong)

Psalm 111

1 Thessalonians 2: 9-13

Matthew 24:1-14

12th November - Remembrance Sunday—3rd before Advent**9:30am All Together Service St Paul's and Live Stream****11:25am Civic Remembrance Service St. Paul's and Live Stream**

Micah 4 : 1-5

James 3 : 13-18

6:30pm St Lawrence's**(Holy Communion)**

1 Thessalonians 4: 13-18

Matthew 25:1-13

19th November - 2nd before Advent**9:30am**

1 Thessalonians 5: 1-11

Matthew 25: 14-30

11:15am Informal Service

1 Thessalonians 5: 1-11

Matthew 25: 14-30

6:30pm St Lawrence's (Evensong)

Psalm 82

1 Thessalonians 5: 1-11

Matthew 25: 14-30

26th November - Christ the King**9:30am St Paul's and Live Stream**

Ephesians 1:15-23

Matthew 25:31-46

11:15am Informal Service

Ephesians 1:15-23

Matthew 25:31-46

6:30pm St Lawrence's (Evensong)

Psalm 99

Ephesians 1:15-23

Matthew 25:31-46

3rd December – Advent 1**9:30am St Paul's and Live Stream**

Isaiah 64:1-9

Mark 13:24-37

11:15am Informal Service

Isaiah 64:1-9

Mark 13:24-37

6:30pm St Lawrence's (Evensong)

Psalm 25

Isaiah 64:1-9

Mark 13:24-37

The Curate's last word continued from Page 28

Sadly, looking around the world today, it appears that hope is as distant now as it was on the day that they enlisted. However, that said, I am certain that part of the resolution to all hostility lies in truly acknowledging the real sacrifice of those ordinary people who sought to make the world better. Now all we glimpse of those people are isolated gravestones in a local churchyard, or great forests of white memorials in some remote corner of a foreign field. Buried as they died, alongside their comrades. It's difficult to breathe life back into the dry bones, but they were all someone's sons, daughters, sisters, brothers, wives, husbands, fathers, mothers. They all had real lives, went to real schools, had real jobs and were part of a real community, our community.

To recognise the great cost that they paid, to fully appreciate their great sacrifice is not to glorify war, rather it is an attempt to understand the heartbreak that their families suffered, to notice the devastating gaps they left in their homes and streets and to take time to try to see it through the eyes of those who had first hand experience, to really remember them and their hopes for which they surrendered their lives. We will remember them.

The Last Word

From the Curate



WE WILL REMEMBER THEM

My fridge has an icemaker on it, which my grandson absolutely takes for granted. He knows that it will supply cold water, crushed or cubed ice at the push of a button (or two). Unlike him, I am still in awe of the icemaker. For me it represents a huge leap of progress. It means that without fore thought or prior planning, if I wish to put a couple of cubes of frozen water into my preferred libation I can, easily, it takes no effort.

It's all a far cry from when I was my grandsons age. To my memory, when I was growing up, if you wanted to drink anything cold, all you could do was leave the tap running for a while. Eventually we did get a fridge with a very small freezer compartment at the top. I can't remember exactly when we got it. I do recollect that it came with an ice block mould. We used the mould to make ice in the novelty of the first week, but soon the small freezer was so stuffed with fish fingers, that we gave up on making ice altogether. In my childhood, ice was always something of a luxury.

The icemaker got me thinking about how my grandson would remember other things differently from me. When I was his age the telephone lived in the hallway, it had wires and a dial, and you could ring it using just three numbers. When I used it, the whole house usually listened in. My grandson will remember telephones that go everywhere with you, that you can do just about anything on.

The list could go on. My grandson lives in an era of near perfect digital sound played over wireless speakers, I remember the stereogram and the muffled sound of often scratched records. His Ultra High Resolution TV is a world away from the small black and white Rediffusion tube my brothers and sisters would sit round to be captivated by The Magic Roundabout.

In the same way, my generation will not remember the past exactly as those who lived through it. It's not just nostalgia, there is something tangible about having lived through something, as opposed to simply learning about it through your teachers or parents or seeing it on a documentary. If you have lived through a certain time, it's not just history, for you it's very real.

Of course, November is the month in which we remember, we remember those who died in, and lived through, war but our memories will not be the same as theirs, those otherwise ordinary people who have had personal experience of the fighting and consequences of it.

It seems to me that the aspiration for some of those who served in conflict was the end of all wars.

The Curate's last word continues on the previous page- 27.



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