



## 2026 - 'Following Jesus on Mission'

### 'First Sunday of Lent' - 22nd February 2026

Please join us for our service live on YouTube at 10:00am.

Visit: [www.youtube.com/@stlawrencewithstpaulongridge/streams](https://www.youtube.com/@stlawrencewithstpaulongridge/streams)

#### The Welcome & introduction

*Please follow the order of service  
from the Grey booklet.*

#### Opening Hymn

##### Forty days and forty nights

Thou wast fasting in the wild;  
Forty days and forty nights  
Tempted, and yet undefiled:

Sunbeams scorching all the day;  
Chilly dew-drops nightly shed;  
Prowling beasts about thy way;  
Stones thy pillow, earth thy bed.

Shall not we thy sorrows share,  
And from earthly joys abstain,  
Fasting with unceasing prayer,  
Glad with thee to suffer pain?

And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint nor fail.

So shall we have peace divine;  
Holier gladness ours shall be;  
Round us too shall angels shine,  
Such as ministered to thee.

Keep, O keep us, Saviour dear,  
Ever constant by thy side;  
That with thee we may appear  
At the eternal Eastertide.

*G. H. SMYTTAN (c. 1822-70) and  
F. POTT (1832 - 1909)*

#### Collect

Almighty God, Whose Son Jesus Christ  
fasted for forty days in the wilderness,  
and was tempted as we are, yet  
without sin:

Give us grace to discipline ourselves in  
obedience to your Spirit; and, as you  
know our weakness, so we may know  
your power to save; through Jesus  
Christ your Son, our Lord, who is alive  
and reigns with you, in the unity of the  
Holy Spirit, one God, now and for ever.

**Amen.**

#### First Reading

##### Genesis 2: 15-17, 3: 1-7

<sup>15</sup> The LORD God took the man and put  
him in the Garden of Eden to work it  
and take care of it. <sup>16</sup> And the LORD  
God commanded the man, "You are  
free to eat from any tree in the garden;  
<sup>17</sup> but you must not eat from the tree  
of the knowledge of good and evil, for  
when you eat from it you will certainly  
die."

<sup>1</sup> Now the serpent was more crafty  
than any of the wild animals the LORD  
God had made. He said to the woman,  
"Did God really say, 'You must not eat  
from any tree in the garden'?"

<sup>2</sup> The woman said to the serpent, "We  
may eat fruit from the trees in the  
garden, <sup>3</sup> but God did say, 'You must  
not eat fruit from the tree that is in  
the middle of the garden, and you  
must not touch it, or you will die.'"

<sup>4</sup>“You will not certainly die,” the serpent said to the woman. <sup>5</sup>“For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”  
<sup>6</sup>When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. <sup>7</sup>Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

This is the word of the Lord

**Thanks be to God**

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### Gradual Hymn

**Lead us, heavenly Father, lead us**

O'er the world's tempestuous sea;  
Guard us, guide us, keep us, feed us,  
For we have no help but thee;  
Yet possessing every blessing,  
If our God our Father be.

Saviour, breathe forgiveness o'er us:  
All our weakness thou dost know;  
Thou didst tread this earth before us,  
Thou didst feel its keenest woe;  
Lone and dreary, faint and weary,  
Through the desert thou didst go.

Spirit of our God, descending,  
Fill our hearts with heavenly joy,  
Love with every passion blending,  
Pleasure that can never cloy:  
Thus provided, pardoned, guided,  
Nothing can our peace destroy.

**Words: J Edmeston (1791 - 1867)**

## Gospel Reading

**Matthew 4 : 1—11**

"Praise to you, O Christ, King of eternal glory.

The Lord is a great God, O that today you would listen to his voice. Harden not your hearts.

**Praise to you, O Christ, King of eternal glory.**

Hear the Gospel of our Lord Jesus Christ according to Matthew,

**Glorify to you O Lord.**

<sup>1</sup>Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. <sup>2</sup>After fasting forty days and forty nights, he was hungry. <sup>3</sup>The tempter came to him and said, "If you are the Son of God, tell these stones to become bread."

<sup>4</sup>Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'"

<sup>5</sup>Then the devil took him to the holy city and had him stand on the highest point of the temple. <sup>6</sup>"If you are the Son of God," he said, "throw yourself down. For it is written:

"'He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.'"

<sup>7</sup>Jesus answered him, "It is also written: 'Do not put the Lord your God to the test.'"

<sup>8</sup>Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour.

<sup>9</sup>"All this I will give you," he said, "if you will bow down and worship me."

<sup>10</sup>Jesus said to him, "Away from me, Satan! For it is written: 'Worship the Lord your God, and serve him only.'"

<sup>11</sup>Then the devil left him, and angels came and attended him.

This is the Gospel of the Lord  
**Praise to you, O Christ.**

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### **Hymn during preparation of the Table**

**Be thou my guardian and my guide,**  
And hear me when I call;  
Let not my slippery footsteps slide,  
And hold me lest I fall.

The world, the flesh, and Satan dwell  
Around the path I tread;  
O save me from the snares of hell,  
Thou quickener of the dead.

And if I tempted am to sin,  
And outward things are strong,  
Do thou, O Lord, keep watch within,  
And save my soul from wrong.

Still let me ever watch and pray,  
And feel that I am frail;  
That if the tempter cross my way,  
Yet he may not prevail.

*Isaac. Williams (1802 - 65)*

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*We do not pass a collection plate during the Offertory, but if you would like to make a donation to support the work, ministry and maintenance of the Parish, there is provision at the back of church for donations in cash, weekly envelopes, by bank card or mobile phone using the reader at the back of the church. Thank you.*

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**The Choir will sing during the distribution of Communion**

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### **Final Hymn**

**Praise to the Holiest in the height,**  
And in the depth be praise:  
In all his words most wonderful,  
Most sure in all his ways.

O loving wisdom of our God!  
When all was sin and shame,  
A second Adam to the fight  
And to the rescue came.

O wisest love! that flesh and blood,  
Which did in Adam fail,  
Should strive afresh against the foe,  
Should strive and should prevail;

And that a higher gift than grace  
Should flesh and blood refine,  
God's presence and his very self,  
And essence all-divine.

O generous love! that he, who smote  
In Man for man the foe,  
The double agony in Man  
For man should undergo;

And in the garden secretly,  
And on the Cross on high,  
Should teach his brethren, and inspire  
To suffer and to die.

Praise to the Holiest in the height,  
And in the depth be praise:  
In all his words most wonderful,  
Most sure in all his ways.

*Words: J H Newman (1801 - 90)*

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Organ Voluntary;-

Fantasia in G minor BWV 542(i)

by J.S.Bach

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### Morning Prayer

Join us in the St Paul's Church chancel area for 15 minutes simple morning prayer and a bible thought on Mondays and Wednesdays at 9am  
(Do bring a bible if you can)

### Those Departed - Rest In Peace

Margaret Hall  
Edith Maughan  
Carole Houghton  
Debbie Johnson



### Thursday Service of Holy Communion

Weekly at 10:00—10:45am  
in St. Paul's Church Centenary Room  
Coffee, tea and a chat enjoyed after,  
Please come and join us!!

### Churches Together in Longridge & District



### Lenten Lunches 2026

You are invited to join us for lunch on each Wednesday during Lent, between 12 noon and 1;00pm  
**The first lunch is on the 25th February in St. Paul's Centenary Room.**  
Further lunch details will follow & are on page 9 of the February edition of **The Log**

### Brew Time

Every Wednesday from 8.50am-11am in St Paul's Centenary Room.  
Serving tea, coffee, toast, crumpets and cakes!  
There's always a warm and friendly welcome.  
Do join us we would love to see you.  
Kath, Jacqui, Bev, John, Judith & Ruth

### Welcome Cafe

Meet weekly on Wednesdays during the school term in St. Paul's Church Centenary Room 3:00– 5:00pm

### "Crafty Cafe"

The next meeting is tomorrow  
**Monday 23rd February**  
**1:30 - 3.30pm** in  
St. Pauls Church Centenary room



### BREAKFAST IS SERVED

### Saturday 28<sup>th</sup> February.

This will run from  
9am – 11am  
– no need to book just come along and enjoy a full English or a bacon or sausage bap  
**Proceeds to our General Church Fund**



If anyone is feeling a little bit isolated, why not pop into the Old Station cafe on Friday mornings at 11:00am, where Diane, Isabel and Muriel would be very pleased to see you.



St Lawrence  
with St Paul  
Longridge

### Next Sunday's Services — 1st March 2026 - Lent 2

10:00am 'Service of Holy Communion' including Children's Church at St Paul's Church / Live stream

6.30pm 'Service of Evensong at St. Lawrence's Church